

Suggested Practice Schedule for Aural Theory

The old rule of thumb about spending 2 hours a week for every hour spent in class is a good habit to establish when developing your ear. We meet twice a week for about an hour, therefore, you should plan to spend 4 hours/per week outside of class working on your aural theory. If you do this regularly, you will advance quickly and most likely earn a high grade. The amount of time you put into this class is directionally proportional to the final outcomes.

It's highly recommended that you block out a daily time. As demands on your time typically fluctuate during the semester, I've included sample schedules that take into consideration alternatives to daily practice. These should be followed only occasionally when you're forced to put in some extra time for that research paper, major exam, creative project, or big performance. Normally, you should practice at least a little bit every day. Note that these are just simple guidelines, and you may need more or less time to hone certain aural theory skills. There will also be times where you'll work on keyboard activities that are only assigned periodically.

When practicing daily:

Even days:

Solfège Warmups (5 minutes)

Sight-Singing/Rhythmic-Reading (15 minutes...pick out and work on 3 exercises)

Inductive Listening (10 minutes)

Odd days:

Inductive Listening (10 minutes)

Contextual Listening (20 minutes)

When taking one day off during a single week:

Even days:

Solfège Warmups (5 minutes)

Sight-Singing/Rhythmic-Reading (20 minutes... pick out and work on 4 exercises)

Inductive Listening (15 minutes)

Odd days:

Inductive Listening (15 minutes)

Contextual Listening (25 minutes)

If taking two days off during a single week:

All days:

Solfège Warmups (5 minutes)

Sight-Singing/Rhythmic-Reading (15 minutes...pick out and work on 3 exercises)

Inductive Listening (10 minutes)

Contextual Listening (20 minutes)